

**SWIMMER'S AGREEMENT**

Each swimmer will be expected to show:

1. **Responsibility** - Attend practice each week. Enroll in class each session. I will be on time to class and to meets. I will help pick up equipment after class and will pick up after myself at the meets.
2. **Respect** – Each coach’s opinion. They are there to help you improve and only want what is best for you. **I will treat teammates and opposing swimmers as I would want to be treated.** Put-downs, name calling, and yelling set a bad example and have no place in swimming.
3. **Honesty** – Be honest about injuries. We want you to compete at the highest level, but we also want to make sure you do that safely. Admit that you make a mistake. It’s okay. It’s how we learn.
4. **Caring** – Care about practice. Each night you attend, go in with the mindset that I am here to get better and will give 100%. Remember, you are a part of a team. What you do and say is a direct reflection of you.
5. Never forget that when you travel to other meets, **you are representing the Greater Wichita YMCA.**

The most important expectation for you is to have fun!

I, \_\_\_\_\_ agree to follow the above expectations. I realize that not following these guidelines could result in dismissal from the team.

\_\_\_\_\_  
Swimmer’s Signature

\_\_\_\_\_  
Date

**VI. PARENT'S AGREEMENT**

Always remember, the YMCA’s most important goal is building character. Everything you say and do should be consistent with the four values of respect, responsibility, honesty, and caring. Winning is secondary! Positive support, encouragement, and good role-modeling from parents are very important! Every parent, no matter what host YMCA branch they attend, will be expected to show:

1. **Responsibility** – Enroll and pay for classes before the first day of class. Make sure your Child is on time to class and to meets.
2. **Respect** – Each coach’s opinion. They are there to get your child better and only want what is best for him/her. **Treat other parents on our team and opposing parents as you would want to be treated. Put-downs, name calling, and yelling set a bad example and have no place in Swimming.**
3. **Honesty** – Be honest with your child about his/her abilities. Don’t set false expectations. There is enough pressure with competing. Any added pressure could result in burn out.
4. **Caring** – Care about the team. It will only be as good as the parents are in the program. Remember, you are part of a team. What you do and say is a direct reflection of it.

The most important expectation for you is to have fun!

I, \_\_\_\_\_ agree to follow the above expectations. I realize that by not following these guidelines could result in the dismissal of my child from the team.

\_\_\_\_\_  
Parents Signature

\_\_\_\_\_  
Date